

PRACTICE LEARNING HUB

Adult Safeguarding

Facilitator Guide: Practical Refresher and Reflective Discussion

Intended audience	Team managers, safeguarding leads, practice educators and ASYE leads facilitating team learning
Estimated time	45 or 60-minute session options (15 minutes preparation)
Sector	Adult social care
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Intended use

This resource is for learning, reflection and discussion. It is not legal advice and does not replace local policies, statutory guidance or supervision.

Please do not discuss or record identifiable details about people, families, colleagues or live cases when using this resource.

About this session

This session uses Kayleigh Rose Evans' public video 'Social Work: Practical Guide to Adult Safeguarding' as the anchor for a team refresher and reflective discussion. It is designed to reconnect practitioners with the principles that underpin good safeguarding practice - professional curiosity, making safeguarding personal, proportionality and clear recording - through discussion rather than testing.

The video is embedded on the resource page: kayleighroseevans.com/adult-safeguarding.html.

Learning outcomes

- Reconnect with core adult safeguarding concepts and principles
- Connect legislation and principles to practice through fictional scenarios
- Reflect on professional curiosity, consent, risk and multi-agency working
- Strengthen recording rationale and escalation confidence

Ground rules to read out at the start

All scenarios used today are fictional. No real case is represented.

Keep the discussion general - do not share identifiable details about people, families, colleagues or live cases.

If today's discussion raises a concern about a live situation, take it to supervision or your safeguarding lead through the proper route.

Always follow your local safeguarding procedures - this session supports reflection, it does not replace them.

Session plans

45-minute quick-start session

Best for: busy teams, team meeting slot

Time	Activity
0-5 min	Welcome and ground rules. Frame the session: a refresher and reflection, not a test.
5-20 min	Watch the safeguarding guide video. Ask people to note one thing that confirms their practice and one thing that prompts a question.
20-35 min	Discussion using the prompt bank below. Pairs first if the group is quiet.
35-42 min	Scenario prompt: pick one fictional scenario card from the worksheet and discuss as a group - what would professional curiosity look like here?
42-45 min	Close: one takeaway each. Signpost the CPD reflection template.

60-minute team session

Best for: team development slots, ASYE group sessions

Time	Activity
0-5 min	Welcome, ground rules and learning outcomes.
5-20 min	Watch the video with the worksheet. Pause once or twice at natural points to let people note thoughts.
20-35 min	Group discussion using four or five prompts from the bank.
35-50 min	Scenario work: in pairs or small groups, work through one fictional scenario each from the worksheet. Feed back one insight per group.
50-55 min	Connect to practice: what does this mean for my next safeguarding conversation? What would I record, and why?
55-60 min	Close and CPD: complete the reflection template. One word each to close.

Discussion prompt bank

1. What does 'making safeguarding personal' actually look like in your day-to-day practice?
2. When did professional curiosity last change your understanding of a situation? What prompted it? (Keep it general.)
3. How do we balance respecting a person's choices with our duty to protect?
4. What makes a safeguarding concern proportionate to act on - and who decides?

5. How confident do we feel about recording the rationale for safeguarding decisions, including decisions not to act?
6. Where does multi-agency working strengthen safeguarding - and where does it get difficult?
7. What would make it easier to raise or escalate a concern in this team?

Facilitator tips

- Safeguarding discussions can pull towards war stories. Keep redirecting to the fictional scenarios and general principles.
- If someone discloses a concern about a live case or a colleague, acknowledge it, pause the session point, and agree to pick it up through the proper route afterwards.
- Watch for quieter members - safeguarding confidence varies enormously and people can feel exposed. Pairs first, then group.
- Close on capability: name the good practice you heard in the room.

Professional standards this resource supports

Mapping is indicative, to help you evidence CPD and connect the learning to professional frameworks.

Social Work England professional standards	Standard 1 (promote rights, strengths and wellbeing), Standard 2 (establish and maintain trust), Standard 3 (be accountable for the quality of my practice), Standard 4 (CPD)
Professional Capabilities Framework (PCF)	Rights, justice and economic wellbeing; Knowledge; Critical reflection and analysis; Contexts and organisations
Care Act 2014 principles	Supports reflection on the six safeguarding principles: empowerment, prevention, proportionality, protection, partnership and accountability

A note on currency

Safeguarding legislation, statutory guidance and local procedures change. This resource supports reflection on practice skills - your local safeguarding adults board procedures and current statutory guidance always take precedence.

Using this with your team?

If your team, authority or university is using this resource, Kayleigh would love to hear how. Your feedback shapes future materials.

Share feedback: kayleighroseevans@gmail.com

To invite Kayleigh to deliver a live session linked to this resource, visit kayleighroseevans.com and use the speaking enquiry contact.