

PRACTICE LEARNING HUB

# Mental Capacity Assessment in Practice

## Participant Observation Worksheet

<b>Intended audience</b>	Practitioners, ASYE social workers, students and anyone taking part in the learning session
<b>Estimated time</b>	Use during a 30 to 90-minute session
<b>Sector</b>	Adult social care (adaptable for students and universities)
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<b>Version</b>	Version 1.0   Published June 2026   Review due June 2027

### Intended use

This resource is for learning, reflection and discussion. It is not legal advice and does not replace local policies, statutory guidance or supervision.

Please do not discuss or record identifiable details about people, families, colleagues or live cases when using this resource.

## Before watching

Take two minutes to think about your starting point. There are no right answers - this is about noticing where you are now.

**How confident do I currently feel about mental capacity assessments? What makes me say that?**

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**One thing I would like to get from this session:**

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## While watching the role play

Watch as if you were observing a colleague. Note what you see - you will use these notes in the discussion.

**Strengths I noticed (what worked well, however small):**

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**Questions or uncertainties this raised for me:**

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**Anything I might have done differently:**

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**What I would want to record from this conversation, and how I would evidence the decision:**

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## After the discussion

Something a colleague said that stayed with me:

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After watching the analysis video - what did it highlight that I had not noticed?

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## Connecting to my practice

In my next capacity assessment, I want to pay particular attention to:

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Something I want to check in my local MCA policy or current guidance:

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Something I want to raise or explore in supervision:

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### Remember

This worksheet is for your own reflection. Keep it general - do not record identifiable details about people, families, colleagues or live cases.

Use your notes here to complete the CPD reflection template after the session.

### Using this with your team?

If your team, authority or university is using this resource, Kayleigh would love to hear how. Your feedback shapes future materials.

Share feedback: [kayleighroseevans@gmail.com](mailto:kayleighroseevans@gmail.com)

To invite Kayleigh to deliver a live session linked to this resource, visit [kayleighroseevans.com](http://kayleighroseevans.com) and use the speaking enquiry contact.